



# The Judy Center

Allegany County Public Schools

Beall Elementary  
3 E. College Ave  
Frostburg, MD 21532  
301-689-8489

South Penn Elementary  
500 E. Second Street  
Cumberland, MD 21502  
301-876-9022

**FACEBOOK:** Allegany County Judy Center  
[www.judycenter.wixsite.com/alleganycounty](http://www.judycenter.wixsite.com/alleganycounty)



2018



## Important Dates to Remember

Tuesday, June 12, 2018-3 Hour Early Dismissal-LAST DAY FOR STUDENTS

Monday, July 9, 2018-Summer Camp begins, 8:30 a.m.

Thursday, August 9, 2018-Last Day of Summer Camp



## *Summer Camp Info*

**Hours: 8:30 – 1:30 p.m. (please be prompt)**

**We will be closed every Friday**

**You must sign your child in every morning at the front desk**

**Brunch will be provided, or you may pack your child's lunch.**

**Please remember to send in sunscreen with your child's name on it.**

**Please make sure your child wears the appropriate shoes. NO FLIP FLOPS!**



## **Early Learners Playgroup**

For children ages 2-4 years old

**Where:** South Penn Elementary

**When:** June 6 & 20th, July 18th, August 1st & 15th;

**Time:** 9:00 to 10:00 a.m.

**What:** Teach your child how to share, take turns, and play cooperatively. Start early to learn important social skills necessary for the start of school.

Snacks are provided. Each child will receive a free book!

Parents are encouraged to play with, and teach their child, while having fun with other families and children.



## **FAMILY SUPPORT SERVICES**

### **Mom's Night Out**

**When:** Thursday, June 14, 2018; 6pm-?

**Where:** Crabby Pig, Cumberland, MD  
Come and enjoy an evening visiting and networking with other Moms. Bring pictures of your family. You deserve a break!

**R.S.V.P:** By June 13, 2018  
240-920-6829



### **ADHD Parent Support Group**

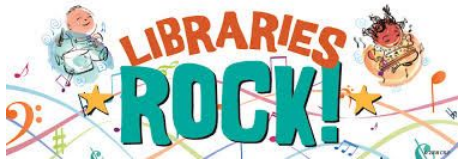
**When:** Tuesday, June 12, 2018

**Where:** Jefferson School @ the Finan Center.

Refreshments will be served.

This is a requested support group from parents who would like to connect with other parents and share ideas and what works and doesn't work for their son or daughter with ADHD

**R.S.V.P:** By Monday, June 11, 2018  
240-920-6829



Visit your local library for  
Summer Reading Programs  
And community events

June 13 [Block Party](#) 5:30-7:30pm South Cumberland Library  
June 28 [Coney Days](#) Campfire 6-8pm Georges Creek Library  
July 12 [Nic Bugg Reptiles](#) 5-6pm Washington Street Library  
July 18 [Mad Scientist Dr. Matthew Crawford](#) 6-7pm Frostburg Library  
July 24 [Mad Scientist Dr. Matthew Crawford](#) 6-7pm Westernport Library  
August 3 [The Hop! Music & a Movie](#) 7:30-9:30pm LaVale Library

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### **10 Things Loving Fathers Do for Their Children**

- 1. Loving fathers... love their children's mother:** Love your wife without reservation – you can't do much more for your kids than that. If you are divorced, treat your children's mother with respect, even if it is not reciprocated. Never return disgrace with disgrace.
- 2. Love them unconditionally:** Make sure that your children know you love them no matter what. Don't confuse this with permissiveness. Unconditional love does nothing to encourage the wrong kind of behavior. In fact, kids who are secure in their father's love tend to act out less, not more.
- 3. Grow up:** We're talking about us here, not the kids. Children don't want another buddy; they want a dad. They want someone who thinks things through, makes tough decisions, and engages life with responsibility. Someone they can count on.
- 4. Be there:** "Quality time" is all well and good, but it has nothing on [quantity time](#). Make the time. Everyone has the same 24 hours available. Make yours count.
- 5. Provide as best you can:** Material provision can be tough when jobs are lost and tough times hit. However, you can always provide a stable home with love and affection.
- 6. Discipline:** [Children appreciate an even hand, balance, accountability, and love-drenched discipline.](#) It's called consistency and, without clearly defined boundaries, it is very difficult to grow up.
- 7. Value education:** Don't just read to them; read with them. Don't just fuss about grades; get involved with their homework. Don't just talk about learning; be a hands-on advocate. [Be a presence at their school by joining or starting an All Pro Dad's Day Breakfast.](#)
- 8. Raise them to leave:** The simple goal of being a family and parenting our children doesn't look any more complicated than this: [Raise them up well-equipped](#) to leave home and to establish faithful lives.
- 9. Teach them to take responsibility:** Kids who learn how to duck responsibility and avoid cost will – sooner or later – fall flat on their faces. [Loving fathers make sure their children know how to own up, clean up, and move forward.](#)
- 10. Teach them to love this life:** The best predictor of happiness in children is happiness in their parents. If we learn how to love this life and then give that blessing to our kids, they will be well prepared for satisfaction.

Happy Father's Day  
Sunday, June 17, 2018

## Keeping COOL with your Kids this summer

**K**now your limits. Accept what you can't change...for now.

**E**ase your tension. Take a walk, listen to music, splash cold water on your face.

**E**ncourage your children's positive qualities and constructive behaviors.

**P**hone a friend. It helps to share your concerns and talk things out.

**Y**our example helps your children learn to handle anger. Be a good role model.

**O**pt for the counting cure if needed. Count to 10...20...or 100.

**U**se your kitchen timer for "time out" before disciplining.

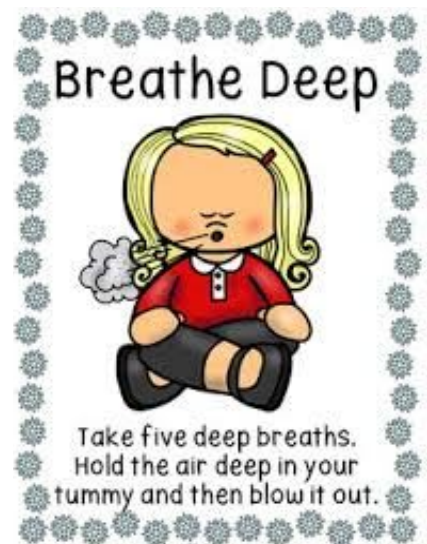
**R**emember that everyone slips up at times, including your children.

**C**ount your blessings; these include the children you love.

**O**rganize time away from you children so you enjoy your times together.

**O**ut of ideas to handle anger? Consider parenting classes or professional counseling.

**L**earn which "cool down" methods work best for you and use them.





# The Judy Center Calendar of Events

## 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 
3	4 Sensory Motor Playgroup @ Beal 9:00 a.m.	5 <b>Beall Field Day at FSU</b>	6 Early Learners Playgroup-SP <b>Field Day at South Penn</b>	7 WIC @ Beal	8	9
10	11	12 Last Day for Students 	13	14 Last Day for Teachers 	15	16
17 	18	19	20 Early Learners Playgroup @ South Penn 9:00 a.m.	21 	22 OFFICES CLOSED	23
24	25	26	27	28	29 OFFICES CLOSED	30 Don't forget 

"I cannot think of any need in childhood as strong as the need for a father's protection"

-Sigmund Freud





## The Judy Center Calendar of Events 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3	4 <u>Offices Closed</u> 	5	6 OFFICES CLOSED	7 
8	9  Begins 8:30-1:30pm Week 1	10	11	12	13 OFFICES CLOSED	14
15	16 Summer Camp Week 2	17	18 Early Learners Playgroup @ South Penn	19	20 OFFICES CLOSED	21
22	23 Summer Camp Week 3	24	25	26	27 OFFICES CLOSED	28
29	30 Summer Camp Week 4	31	1  Early Learners Playgroup @ SP	2	3 OFFICES CLOSED	4
5 	6 Summer Camp Week 5	7	8	9 Last Day of Summer Camp	10 OFFICES CLOSED	11 

